

1-800-222-1222

First Aid for Poisoning

Swallowed Poison:

- Gently wipe out mouth and give a small amount of water.
- Do not make the person vomit.
- Call the poison center.

Poison on the Skin:

- Remove contaminated clothing and jewelry.
- Rinse skin with lukewarm water for 10 minutes.
- Call the poison center.

Poison in the Eye:

- Flush the eye with lukewarm water from cup, faucet, or shower for 15 minutes.
- Do not force the eyelid open.
- Call the poison center.

Inhaled Poison:

- Get the person to fresh air.
- Open doors and windows.
- Call the poison center.

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www.mdpoison.com



What you need to know about Spring Poison Safety

As you begin spring cleaning and work in the yard, the Maryland Poison Center (MPC) offers the following safety information to keep you and your family safe:

Household Cleaners:

- Store cleaners up, away, and out of sight of children.
- Keep cleaners in their original labeled containers. Never use food or drink containers to store household products.
- Read and follow directions before using household cleaners every time they are used.
- Never mix cleaners because poisonous gases can be created.

Yard and Garden Products:

- Pesticides and herbicides can be taken into the body through the skin and by being inhaled
- Wear a long-sleeved shirt, long pants, socks, shoes, gloves, and safety glasses when using pesticides and herbicides. Remove and wash clothing when finished.
- Stay away from areas where pesticides have been sprayed until the spray has dried or for as long as directed on the product label.
- Wash off children's hands and feet, and pets' nose and paws after they have been in grass that was recently sprayed.

Plants and Mushrooms:

- Know the names of flowers and plants growing in and around your yard. Refer to the MPC's Common Plants info sheet for more information- bit.ly/CommonPlants-Info
- Teach children to ask an adult before putting mushrooms, berries, or any plant part into their mouth.
- Many edible mushrooms have toxic look-a-likes. The only way to identify a wild mushroom is through chemical testing. In general, mushroom foraging should only be done by the very experienced.

Swimming Pool Products:

- Open pool chemicals in a well-ventilated area, preferably outside. Gases can build up in the container after storage and may irritate the eyes, nose, and lungs.
- Read and follow directions when using any pool product, every time it is used.

Call your local poison center at 1-800-222-1222 to speak with a poison expert. They are available 24/7. Calling is always free and confidential.

Poison Experts just a phone call away! Saving Lives...Saving Dollars