

1-800-222-1222

Poison Experts just a
phone call away!

Saving Lives....Saving
Dollars

First Aid for Poisoning

Poison on the Skin

- Remove contaminated clothing.
- Flood skin with water for 10 minutes, then wash gently with soap and water and rinse.
- Call the MPC

Poison in the Eye:

- Flood eye with luke-warm water from cup, faucet or shower for 15 minutes.
- Call the MPC

Inhaled Poison:

- Get victim to fresh air.
- If possible, open doors and windows.
- Call the MPC

Swallowed Poison:

- Gently wipe out mouth and give a small amount of water.
- Do not make the person vomit
- Call the MPC

www.mdpoison.com

What you need to know about Medicine Disposal

Follow these simple steps to dispose of medicines in the household trash

MIX

Mix medicines (do not crush tablets or capsules)
with an unpalatable substance such as dirt,
kitty litter, or used coffee ground.



PLACE

Place the mixture **in a container**
such as a sealed plastic bag.



THROW

Throw the container
in your household trash.



SCRATCH OUT

Scratch out **all personal information** on the
prescription label of your empty pill bottle or
empty medicine packaging to make it
unreadable, then dispose of the container.



Permanent Drop-off Locations in Maryland

Many local police departments serve as permanent prescription drop-off locations in the state. To find a location near you, go to <http://bha.dhmh.maryland.gov/Pages/Prescription-Drop-Off-Collection-Sites.aspx>