

1-800-222-1222

First Aid for Poisoning

Swallowed Poison:

- Gently wipe out mouth and give a small amount of water.
- Do not make the person vomit.
- Call the poison center.

Poison on the Skin:

- Remove contaminated clothing and jewelry.
- Rinse skin with lukewarm water for 10 minutes.
- Call the poison center.

Poison in the Eye:

- Flush the eye with lukewarm water from cup, faucet, or shower for 15 minutes.
- Do not force the eyelid open.
- Call the poison center.

Inhaled Poison:

- Get the person to fresh air.
- Open doors and windows.
- Call the poison center.

Stay Connected

www.mdpoison.com



Revised 08/2021

What you need to know about Medicine Disposal

Taking medicines to permanent drop-off locations or take back events is the safest way to dispose of them. Many local police departments serve as permanent medicine drop-off locations in Maryland. To find a location nearest you, go to <https://health.maryland.gov/bha/Pages/Prescription-Drop-Off-Collection-Sites.aspx>. If you are unable to do the above, here's another safe disposal method.

Follow these simple steps to dispose of medicines in the household trash

MIX

Mix medicines (do not crush tablets or capsules) **with an unpalatable substance** such as dirt, kitty litter, or used coffee ground.



PLACE

Place the mixture **in a container** such as a sealed plastic bag.



THROW

Throw the container **in your household trash**.



SCRATCH OUT

Scratch out **all personal information** on the prescription label of your empty pill bottle or empty medicine packaging to make it unreadable, then dispose of the container.



Poison Experts just a phone call away! Saving Lives...Saving Dollars