

1-800-222-1222

First Aid for Poisoning

Swallowed Poison:

- Gently wipe out mouth and give a small amount of water.
- Do not make the person vomit.
- Call the poison center.

Poison on the Skin:

- Remove contaminated clothing and jewelry.
- Rinse skin with lukewarm water for 10 minutes.
- Call the poison center.

Poison in the Eye:

- Flush the eye with lukewarm water from cup, faucet, or shower for 15 minutes.
- Do not force the eyelid open.
- Call the poison center.

Inhaled Poison:

- Get the person to fresh air.
- Open doors and windows.
- Call the poison center.

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www.mdpoison.com



What you need to know about Carbon Monoxide

Carbon monoxide (CO) is a colorless, odorless, and poisonous gas. It is produced by the incomplete burning of fuel such as natural gas, gasoline, kerosene, oil, wood, or charcoal. CO decreases the ability of the red blood cells to carry oxygen throughout the body and decreases the use of oxygen by the cells. If a person breathes in CO for a long period of time or at a high concentration, it can kill them.

Signs and symptoms of carbon monoxide poisoning are:

- Dizziness
- Vomiting
- Seizures
- Headache
- Confusion
- Coma
- Tiredness
- Fainting
- Effects on the heart

Notice that many of these signs and symptoms mimic the flu!

Common sources of carbon monoxide in and around the home:

- Gas and oil furnaces
- Gas stoves
- Gas and charcoal grills
- Gas clothes dryer
- Portable generators and heaters
- Fireplaces and wood stoves
- Cars, trucks, and vans
- House and structure fires
- Gas and oil hot water heaters
- Some paint strippers
- Lawnmowers, trimmers, and leaf blowers

To prevent unintentional carbon monoxide poisoning:

- Install carbon monoxide alarms.
- Have gas and oil burning appliances checked yearly at the beginning of the heating season.
- Portable Check to see that the pilot light on gas burning appliances is lit (blue flame).
- Use generators outside more than 20 feet away from windows and doors.
- Do not use the oven to heat your home.
- Do not use portable heaters while you are sleeping.
- Do not use charcoal or gas grills in the house, garage, or tent.
- Do not let the car run while in the garage (even if the garage door is open).

What to do in an emergency:

- Call the Maryland Poison Center.
- Remove all people and pets from the area.
- Turn off the suspected source of carbon monoxide and have appliance checked before using it again.